

## Sashiko Resources

- [BeBe Bold](#)
- [Indigo Niche](#)
- [Rochester Textiles](#)
- [Sashiko.Lab](#), Kazue Yoshikawa
- [Shibori Dragon](#)
- [Snuggly Monkey](#), Claudia Martinez
- [Sylvia Pippen Designs](#), Sylvia Pippen
- [Upcycle Stitching](#), Atsushi Futatsuya
- [Wren Bird Arts](#), Erin Eggengurg
- Online Workshops
  - [24 Days of Sashiko in 2022](#)
  - [Sashiko.Lab](#)
  - [Sashiko Stitch Club 2022](#)
  - [Upcycle Stitching](#), Atsushi Futatsuya
  - [Wren Bird Arts Visible Mending and Embroidery](#)
- Books:
  - The Book of Boro: Techniques and Patterns Inspired by Traditional Japanese Textiles by [Briscoe, Susan](#)
  - Boro and Sashiko Harmonious Imperfection by [Shannon and Jason Mullett-Bowlsby](#)
  - Make Thrift Mend: Stitch, Patch, Darn, Plant-Dye and Love Your Wardrobe by [Katrina Rodabaugh](#)
  - The Mending Directory: 50 Modern Stitch Patterns for Visible Repairs by [Eggenburg, Erin](#)
  - Mending Life: A Handbook for Mending Clothes and Hearts by [Nina Montenegro, Sonya Montenegro](#)
  - Sashiko: 20 Projects Using Traditional Japanese Stitching by Clay, Jill
  - Sashiko 365 by Briscoe, Susan
  - Sashiko Handy Pocket Guide by Pippen, Sylvia
  - Sashiko Stencils, Traditional Collection by Pippen, Sylvia
  - Sashiko Stencils #2, Crests, Borders & Classic Motifs by [Pippen, Sylvia](#)
  - Simply Sashiko: Classic Japanese Embroidery Made Easy (with 36 Actual Size Templates) by Nihon Nihon Vogue
  - Ultimate Sashiko Sourcebook by Susan Briscoe